



YACHT RACING ASSOCIATION OF LONG ISLAND SOUND

2019 Mid-Sound One Design

SAILING INSTRUCTIONS

1 RULES

- 1.1 The Mid-Sound One-Design series racing will be governed by the rules as defined in *The Racing Rules of Sailing*
- 1.2 Appendix V1 PENALTY AT THE TIME OF AN INCIDENT will apply.

2 NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS

- 2.1 Notices to Competitors and changes in these Sailing Instructions will be posted on the host club website by 1800 on the day before they take effect.
- 2.2 For Special Events, changes to the Sailing Instructions will be posted on the host club website by 1400 on the day before they take effect.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed at the main flagpole of the club responsible for conducting that day's races and announced on VHF channels 71, 68 and 72. Competitors not in sight of the flagpole may call the race committee on the same channels. AYC, HHYC and LYC may repeat the signal if not responsible that day.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 1 hour" in the race signal AP.
- 3.3 Races may be postponed ashore no later than one (1) hour before the scheduled first warning signal.

4 SCHEDULE OF RACES

- 4.1 Series and Special Events will be held on the following dates:

Date	Event or Race Committee	Date	Event or Race Committee
25 & 26-May	* Memorial Day Regatta (LYC)	3 & 4-Aug	* YRALIS Championship Regatta (AYC)
1-June	S Class	10-Aug	~ no racing ~
8-June	Etchells	17-Aug	~ no racing ~
15-June	American YC	24-Aug	~ no racing ~
22-June	Larchmont YC	31-Aug	** Larchmont YC - Distance Race
29-June	~ no racing ~	7-Sept	Shields
6 & 7-July	* Independence Day Regatta (AYC)	14-Sept	~ no racing ~
13 & 14 July	* Larchmont Race Week	21-Sept	Internationals
20 & 21 July	* Larchmont Race Week	28 & 29 Sept	Larchmont YC
27-July	~ no racing ~	6-Oct	Viper 640

*Special Events: a separate Notice of Race and Entry for the Independence Regatta, Race Week and YRA Champs are required for these events along with Amendments to the Sailing Instructions.

** Special Amendment to the Sailing Instructions for the Distance Race will be issued.

- 4.2 The race committee intends to run 2 or more races each day. The number of races conducted each day is at the sole discretion of the race committee.
- 4.3 The first warning signal will be at 1425 each day. Classes may not be started in numerical order.
- 4.4 The first warning signal for the *Memorial Day, *AYC Independence Day, *LYC Race Week and *YRA Champs will be as stated in their Notice of Race and/or Amendment to these Sailing Instructions.
- 4.5 Course Descriptions for the **YRA PHRF Distance Race will be announced from the signal boat prior to the 1st warning.

5 DIVISION FLAGS

Division flags will be numeral pennants. Class insignias may be substituted.



1) Viper 640



2) Etchells



3) IOD



4) Shields



5) S Class



6) Other

6 VENUE

The racing area will be in the vicinity of the waters between Larchmont and American Yacht Clubs.

7 THE COURSE

- 7.1 No later than the warning signal, the race committee signal vessel will display the course, the approximate compass bearing and distance to the first mark and the number of legs to be sailed on the course board.
- 7.2 The race committee may elect to give some classes a substantially shorter windward leg than is posted for the other classes. If it does so, it will announce its intentions on VHF channel 78A (1078) and will post the number “0” on the signal board next to that Class signifying a shorter windward leg for those classes.

SAMPLE COURSE BOARD (showing a course of 210 degrees, 1.0 nm to the windward mark and course 40 for Div 1-4 and course -4 for Div 5-6 the race: (forward) (aft)

Bearing	Range	Division	Course
210	1.	1-4	4 0
	0	5-6	- 4

If the course is the same for the succeeding class or classes, their course will be left blank.

- 7.3 Course will be designated as follows:

2 – windward, finish to leeward

3 - windward, leeward mark **or gate**, finish to windward

4 - windward, leeward mark **or gate**, windward, finish to leeward

5 - windward, leeward mark **or gate**, windward, leeward mark **or gate**, finish to windward

6 -triangle, windward, finish to leeward.

The course number followed by 0 indicates a windward offset mark. ie 40 signals course 4 with an offset mark.

All marks shall be left to port, except if a leeward gate is set.

8 MARKS

- 8.1 Original marks will be either all orange or yellow inflatables.
- 8.2 New marks, as provided in Instruction 10, Changing the Next Leg of the Course, will be the alternative color (or, if necessary, an inflatable with a black band).
- 8.3 If the race committee elects to give one or more classes a shorter windward leg, it will signal it with a “-“ (minus) before the course number. The windward mark will be a white inflatable for those classes. This will not be a mark of the course for the other classes. A new mark, as per instruction 10, Changing the next leg of the course, will be a white mark with a black band.
- 8.4 The offset mark, if used, will be a round orange inflatable.

9 THE START

- 9.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and an orange flag or inflatable buoy at the port end.
- 9.2 Boats whose preparatory signal has not been made shall stand clear of the starting area and all boats whose preparatory signal has been made.
- 9.3 A boat that starts later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes rules A4 and A5.
- 9.4 Any re-commencement of the starting sequence will be preceded by repetitive sounds and an announcement on Ch 78A (1078) approx. 1 minute prior to the warning signal. Boats are reminded to stay within range of the starting area
- 9.5 If there is only one boat in a class, that boat will be recorded for its participation, but not given an individual start. However, the race committee may allow that boat to start with another class, if approved by that class and the race committee. If so, both class flags will be displayed at their warning signal. If two or more classes have fewer than three boats participating on a day, the race committee may, with the approval of the classes, combine their starts – but not for the first race of the day. If so, both class flags will be displayed at their warning signal. Classes will be scored separately.
- 9.6 The race committee will attempt to hail OCS boats by their sail number on VHF channel 78A (1078). The timing and order of such hails or the failure of a competitor to hear the hail will not be grounds for redress. This changes RRS 62.1(a).

10 CHANGING THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finish line) and remove

the original mark as soon as practical. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

11 THE FINISH

- 11.1 The finish line will be between a staff displaying a yellow flag on a race committee vessel and the finish mark. For a leeward finish, the finish line will be a yellow flag or inflatable at the port end and a yellow flag on a committee vessel at the starboard end. For a windward finish the finish line will be between the windward mark and yellow flag on the race committee vessel to starboard.
- 11.2 The race committee may assign a finish position to any unfinished boats, provided that the appropriate finish place for those boats can be determined in a reasonable manner.
- 11.3 Flag A displayed with no sound while boats are finishing means "No more racing today".

12 TIME LIMIT

The time limit for the first boat in a class to sail the course and finish will be 2 1/2 hours. Boats not finishing within 30 minutes after the first boat in that class will be scored Time Limit Expired (TLE). This modifies rule 35.

13 PROTESTS

For all race days other than Special Events, written protests and requests for redress shall be emailed to the YRA office@yralis.org no later than the 1st business day following the race. These hearings will be heard on the following Thursday at 2000 at a location to be announced unless all parties agree otherwise.

14 SCORING

- 14.1 For each scheduled day, the low point scoring system of Appendix A will apply with multiple races scheduled. A boat's daily score will be the total of her race scores without exclusion.
- 14.2 A boat scored Time Limit Expired (TLE) will be given two points more than the number of finishers except that she shall not be scored worse than DNF.
- 14.3 For season scoring, fleets may use the Cox-Sprague scoring system as shown in the One Design Championship Rules section of the YRA Year Book; however, each fleet may choose any scoring system.
- 14.4 All scores shall be submitted to the YRA Office following the completion of racing. Scores can be emailed to scores@yralis.org and cparthemos@gmail.com

15 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver. Racing sailboats are requested to avoid tugs and barges. Competing boats shall not communicate by VHF radio with commercial vessel, except in an emergency. Failure to comply with this instruction may result in a rule 2 hearing against the offending boat.

16 RADIO COMMUNICATIONS

- 16.1 The race committee will monitor and communicate its intentions via VHF 78A (1078).
- 16.2 Except in an emergency, a boat that is racing shall not make voice or data communication that is not available to all boats.

17 SAFETY REGULATIONS AND CHECK IN/CHECKOUT

- 17.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race committee vessel, hail her sail number and be acknowledged by the race committee.
- 17.2 A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.

18 PRIZES

- 18.1 YRA of LIS Series prizes will be awarded on Sunday, Dec 1st at the YRALIS Annual Meeting to each qualifying helmsman. The Annual Meeting will take place at 1700 at Larchmont Yacht Club.
- 18.2 Prizes will also be awarded for a series comprising the Memorial Day, Independence Day, and the YRA One-Design Championship regattas. This series will be scored according to the Cox-Sprague Scoring System. To qualify, an owner must start at least 50% of the races and be an active member of the YRA of LIS.
- 18.3 This series is a qualifier for the Cow Bay Perpetual Trophy and the Russell J. Nall Memorial Trophy along with other series prizes as defined in the YRA of LIS Racing Program.

- 18.4 In order to rank as qualifying, the owner must start at least 50% of the races, but not less than 10, designated by each fleet from the Schedule.

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or it's member clubs or fleets will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Further Information Please Contact:

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International One Design

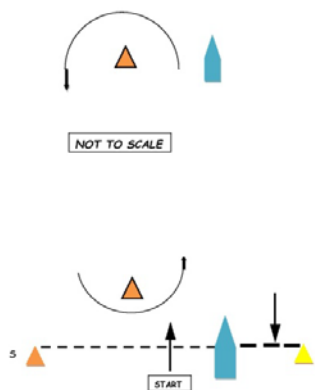
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COURSE DIAGRAMS – the leeward mark may or may not be a gate (Schematic – not to scale)

WINDWARD-LEEWARD COURSE DIAGRAM



Triangle - Windward - Leeward

